

Ana Pogacnik 2010 Letter

Dear Friends,

Through the serious illness of my sister Ajra (many of you know her from last year's *LifeNet* gathering in Slovenia) I have realized even more how enormously rich our daily life can be when we open for it – when we let it happen. I have become even more aware that life itself is a gift and that we should make the best of the time that we have available – life is too wonderful to waste on unimportant things. The illness has not only changed Ajra, but also our whole family.

The year 2009 was very intensive for me. I was working nearly every weekend in some place or another with one of the groups. I'm very thankful for this time, because I've experienced and learned through it tremendously.

At the moment I am realizing that the earth changes and its connected processes are becoming even stronger the focus of my work. Through the messages that I received in the last year from different places, working with groups, I can comprehend even deeper the connection between us humans and the Earth. Through this new point of view I can also finally understand better the kind of processes in which we stand as Humankind. The messages are written in a form of letters devoted to humans. They are already in the process of translation and will be published soon by *SteinerBooks*.

I think we live in a very important time. For a long period now we have needed to be able to anchor our selves as pure, bright light in matter. We have needed different experiences to comprehend what it actually means to embody the light in matter/to embody it as matter. All that we have experienced up to the present as a civilization we can observe as a path of learning. It is a path that has brought us different possibilities to experience boundaries, power, will, light and love - and through that to prepare for our complex task. To bring light into matter and to not be distorted by it is, I think, the highest art of life. We have needed this growth to be able to fully incarnate as a civilization. We can compare this process to the development of a child who needs years to be able to independently stand, talk, eat, and carry on all the developmental tasks of growing up.

In order to go through this deep process, to be able to incarnate light in matter, it was necessary for us to lose the sense of the absolute integrity; anyway we were not able to follow this development into the materialization of light. The whole previous history of mankind we can now see as a preparation – a preparation that enables us to be who we are and what for we are.

But how can we play our real role as humans if we have lost our consciousness about it?

And I see exactly that as a focus for the next period of my work. I want to support even more the intensive changes that are so much needed. That is why I decided to take the initiative for the next *LifeNet* gathering and to propose as its theme, "Vision of Human Being." It is high time to remember what an important role we have on this Earth as humankind. We need a vision, a vision for life.

I can experience and follow all these processes most intensively in closed groups. In that way my work with so-called educational groups will continue as my main occupation in the

coming year. All my existing groups (6 in Germany and 2 in USA) are continuing with the work, and I'm also starting a new one.

Finally, I would like to invite you to the second international **LifeNet Gathering** with the title "Vision of Human Being: a New Geoculture." The gathering will take place in north Germany from the 21st to the 25th of July 2010. At the moment around 140 people have pre-registered. After the gathering I will lead a **seminar-journey** through Germany, from the 25th of July to the 1st/2nd of August 2010, titled: "A journey through the land of reconciliation."

In deep gratitude for all the gifts of this year, I greet you all and wish you a rich and peaceful year 2010.

Ana

Munich, 5th of December 2009

"Who am I, when I make the illusion to my vision and who am I, when I live my vision as an illusion?"

"Only when I live the light of my heart, can I discover my deepest inner truth. Only when I live my inner truth, can I rest in the light of the heart and be the truthful expression of the vision of life." (Ana Pogacnik)